



Spirit of Anak

Main Scripture: Numbers 13:26-33
Additional Scriptures: Numbers 14:1

Discussion Questions

- **Read Numbers 13:26-33.** Sean Smith talked a lot about the spirit of anak. How would you describe the meaning of “a spirit of anak”?
- Sean also talked about our spiritual trajectory and how it is so high when we first get saved and how it decreases over time. How do you keep your spiritual trajectory high?
- What are some things that end up decreasing our spiritual trajectory?
 - What are some ways to counter those?
- “Right before God moves He requires that we meet him with some faith. We must believe on the front end that the Lord is going to move.” What are some areas in your life that you see want to see God move?
 - Pray for a stirring of faith for one another in those areas!
- Sean gave three ways the spirit of anak will hinder you. Discuss each one and talk about how this is true and how this is affecting areas in your life and then pray for a breakthrough!
 1. It causes you to back up and exist in a zone you already conquered.
 - Warfare gets more intense because the rewards are greater
 2. It causes you to avoid taking the risk that will unleash your destiny
 - Revelation has to be coupled with risk to make that divine moment
 - Risk is a creative act
 3. Allows limitation to fasten to your legacy
 - The spirit of anak has longevity. It will continue on to the next generation