



## **Tongue Surgery**

**Main Scripture:** James 3:1-12

**Additional Scriptures:** James 1:19, 1:26, Proverbs 18:21, Matthew 5:21-22, Proverbs 6:2, Ephesians 4:29, Matthew 12:36-37, 1 Peter 2:21-25, Isaiah 53:5, John 14:12-14

### **Discussion Questions**

- **Read James 3:2 & 3:3-12.** Your tongue is the rudder that guides your life and soul. Whoever controls the tongue controls the man. If you don't control the tongue nothing else can be controlled. Do you agree with that statement? Why or why not?
  - Why do you think James puts such emphasis on the tongue and its importance all throughout the book of James?
- Pastor Mike said that there are times when the redeemed of the Lord need to shut it. When and how did he say we need to learn how to shut it?
  - What is the myth of "I just have to be real"? How do you shut this down in your life and in the lives of others?
- **Read James 1:19.** Much like fasting tells your body you don't need that much food, silence tells you that you don't need all those words. P. Mike talked about the importance of silence and solitude and how having a quiet time with the Lord everyday is so crucial. How has silence benefited your walk with Jesus?
  - What are some ways to practice silence throughout your day (that you will actually do)?
- Pastor Mike said "The universe is voice activated. Words *direct* reality, they don't *reflect* reality." He gave the example of a marriage where a husband wasn't "feeling in love" with his wife and how if this was the case, the Biblical way to respond would be to say "I love you!" and speak out what he wanted to see happen instead of saying how he felt at that moment.
  - Do you think this is being inauthentic? Why or why not?
  - Where can you implement this kind of life-speak into your own life?
- "The tongue is not a person's thermometer but their thermostat." Does this change your view on the words you speak and the power that they have? Explain.
- We curse but we don't cuss. What is the difference between cursing and cussing?
  - What are some examples of cursing that just come naturally to you?
  - Where in your own life do you see cursing as being the most prevalent?
- What are some ways to speak life into people's lives? What are some common ways that people speak death and curses over people?